

Elizabeth Rosa
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(973) 634-3708

PROFILE

Entry-level Occupational Therapist with a strong OT fieldwork background and a passion for improving quality of life.

EDUCATION

Sacred Heart University, Fairfield, CT

Master of Science: Occupational Therapy (GPA: 3.819) November 2020

Bachelor of Science: Health Science (GPA: 3.79) May 2018

(Minors: Psychology and Honors)

Study Abroad – John Cabot University, Rome, Italy Summer 2017

FIELDWORK EXPERIENCE

Kessler Institute for Rehabilitation, West Orange, NJ

Level II Fieldwork

- Completed evaluations and treatment sessions for an acute inpatient rehabilitation setting on the brain injury unit. Completed daily notes, progress notes, evaluations, family training sessions, group treatment, durable medical equipment requests, and discharges for patients. Designed an intervention to address oculomotor strengthening, visual scanning, dynamic standing balance, sequencing, etc.

St. Joseph's Healthcare and Rehab, Cedar Grove, NJ

Level II Fieldwork

- Completed evaluations and treatment sessions for a subacute rehabilitation population. Completed daily notes, progress notes, evaluations, recertifications, and discharges for patients. Designed a screening binder to organize all long-term care patients in the facility, which included approximately 130 screens.

St. Catherine's Academy, Fairfield, CT

Level I Fieldwork

- Completed assessments and interventions in a school setting for children up to age 21. Enhanced skills and knowledge on educational goals for OT, different diagnoses and language delays.

Sensory Kids, Stamford, CT

Level I Fieldwork

- Pediatric fieldwork experience in an outpatient sensory clinic. Enhanced skills and knowledge on motor planning and sensory processing

Yale New Haven Hospital St. Raphael Campus, New Haven, CT

Level I Fieldwork

- Observed in an outpatient setting with a certified hand therapist. Administered ultrasound and conducted patient evaluations for a variety of conditions

Transitions CT, Monroe, CT

Level I Fieldwork

- Fieldwork experience at a transition program for young adults with special needs. Completed standardized assessments and incorporated individual/group interventions to improve spasticity, social participation, and safe mobility

Middlebrook Farms, Trumbull, CT

Level I Fieldwork

- Completed assessments and incorporated group interventions in an assisted living residential facility and a dementia unit

Yale New Haven Psychiatric Hospital, New Haven, CT

Level I Fieldwork

- Observed the Milieu environment and group protocols for an inpatient, adolescent psychiatric floor

ADDITIONAL EXPERIENCE

Village Super Market, Springfield, NJ

Retail Technology Representative

May-August 2018

- Administered and supported retail systems hardware and software to input sales items
- Collaborated with area store directors to ensure accuracy with all product pricing

Shop Rite of Greater Morristown, Cedar Knolls, NJ

Drop-In Center Employee

May-August 2016

- Prepared projects and supervised children (age 3-7) during parents shopping experience to enhance the store's customer service requirements

ACTIVITIES/VOLUNTEERISM

National & State Associations

Member, American Occupational Therapy Association, Inc., ConnOTA, and NJOTA April 2017-Present
National Conference April 2019

OT Hill Day September 2019

Member, Student Occupational Therapy Association

August 2018-Present

Sacred Heart University

Co-President, Sacred Heart University Health Science Club

September 2015-May 2018

Student Ambassador, Sacred Heart University Admissions

August 2016-May 2018

Member, Sacred Heart University Pre- Occupational Therapy Club

September 2015-May 2018

Member and Pride Leader, Sacred Heart University Alpha Delta Pi Sorority

September 2015-May 2018

Volunteer

Beyond COVID-19, West Caldwell, NJ

April 2020-Present

Ronald McDonald House Charities, New Haven, CT

September 2015-December 2019

The Jewish Home, Bridgeport, CT

September 2015-May 2016

HONORS

Recipient, Dean's List

Member, Sacred Heart University Thomas More Honors Program

2015-2018

Member, Alpha Epsilon Delta Health Preprofessional Honor Society

2018

Recipient, Girl Scout Gold Award

2013

Public Speaker, United Nations Headquarters in New York, NY

2014